
Endodontic Post-Treatment Instructions

Following endodontic treatment, the root canal system inside your tooth has been thoroughly cleaned and the irritated tissue and bacteria are gone.

Some tenderness in the treated area ranging from a few days to a week is normal. There may also be some tenderness in your jaw from keeping it open during the procedure. These symptoms are temporary and usually respond very well to over-the-counter pain medications. If narcotic medications are prescribed, remember they may make you drowsy; exercise caution in operating dangerous machinery or driving a car after taking them.

Your treated tooth may continue to feel slightly different from your other teeth for a while after root canal therapy. However, if you have severe pain or pressure that lasts more than a week, please contact our office.

Guidelines for Post-Treatment Care

- Do not eat anything until the numbness in your mouth wears off. This will prevent you from biting your cheek or tongue.
- Do not chew or bite on the treated tooth until you have had it restored by your general dentist.
- Be sure to brush and floss your teeth as you normally would.
- If the opening in your tooth was restored with a temporary filling material, it is not unusual for a thin layer to wear off between appointments. However, if you believe the entire filling has come out, please contact our office.
- Contact our office immediately if you develop any of the following:
 - a visible swelling inside or outside of your mouth;
 - an allergic reaction to medication, including rash, hives or itching;
 - a return of original symptoms; or
 - your bite feels uneven.

Successful Completion of Your Restoration

Root canal treatment is just one step in returning your tooth to full function. Proper final restoration of the tooth (the placement of your crown) is extremely important in ensuring long-term success.

Contact your regular dentist within two weeks to arrange your next appointment. If your tooth is being treated in more than one visit by our endodontists, do not return to your dentist for the final restoration until all root canal treatment at our office is completed.